**OUR SERVICES**

**CHILD CARE PROGRAMS**

**Thanal Sisumandiram** (Since 2005): Nurturing children below 6 years of age by providing the much-needed motherly care and attention.

**Thanal Balashramam** (Since 2002): Empowering girls 06 to 18 years of age and boys 06 to 10 years by providing a conducive environment to grow, study and achieve their full potential.

**ELDERLY CARE AND WOMEN CARE PROGRAM**

**Thanal Mathrusadanam** (Since 2018): Ensuring the care and protection of mothers above 55 years of age who have no one to look after them.

**Women in distress:** Care and protection of women below 50 years of age.

**WOMEN CARE PROGRAMS**

**Thanal domestic violence shelter home**: - under the Women and Child Development Department, we protect the women & child who are victims of domestic violence, by ensuring a safe and secure environment

**Service providing centre:** - Free legal aid for domestic victim

**EDUCATION AND EMPOWERMENT**

**Nila vidya Niketan** (Since2005) - Lower Primary School with value added education in the society to our children and children from surrounding

**Computer centre**: - To make the children familiar with new technologies and for their professional development

**Campaign: -** Enable children to develop social skills, Leadership skills, Confidence and physical fitness.

Successfully completed the Yoga instructors course conducted by S-VYASA university Bangalore.

**MENTAL HEALTH SERVICES**

* Free guidance and counselling for children, women and families
* Remedial support for children and women to develop their physical and mental health.
* Counselling support for the staff members.
* Group counselling for vulnerable community.
* Psychological support
* Recreational activities for children

**COMMUNITY OUTREACH PROGRAM**

Pain and Palliative Care: A comprehensive healthcare, for individuals with serious or terminal conditions, ensuring a holistic approach to healthcare.

* Free guidance and counselling for children, women and families
* Mid-day meals at Government Hospitals.
* Thalachikanoridam: Financial support for underprivileged people
* Deena Dayal - Financial assistance for the treatment of serious illnesses, Marriage of daughters etc.
* Akshaya Jana Sevana Kendra
* Livelihood support for needy families
* Distribution of Medical Equipment and basic needs during covid -19
* Construction of a hostel building for tribal students in Attapady